



BUTTERFLY *Integrative Healing Arts*

P. O. Box 310068
Newington, CT 06131



Burmese-Tibetan Reiki/Meditation Methods

❖ *These are the special and rare methods which I am currently teaching in my Reiki classes and seminars. Note that in most cases the word “Mudra” is being utilized to describe a ritual and symbolic ch’i kung-like technique which is being utilized to facilitate healing of self and/or others.*

Level Taught at:

Reiki Level 1	☯ Principles, Philosophy, and Theory of Spiritual and Energetic Healing
Reiki Level 1	☯ Reiki Symbol Activating Mudra’s
Reiki Level 1	☯ Heart-Mind-Spirit Healing Invocation (Protective Mudra)
Reiki Level 1 & 2	☯ Energetic Cleansing Mudra’s (For Self and Others)
Seminar	☯ Pranic Mudra
Seminar	☯ Lotus Palm Mudra
Seminar	☯ Wholeness Mudra
Reiki Level 1	☯ Reiki Self Healing Mudra
Seminar	☯ Burmese Reiki Sun Salutation
Seminar	☯ Special Reiki Healing Symbols (Yantra’s)
Seminar	☯ The Atman Mudra
Seminar	☯ Dumo Breathing, Line Breathing, Four Segment Breath, Dhanda Yoga Breathing Methods; many other special healing breathing methods.
Reiki Level 3	☯ Core Channel Breathing Mudra



“Spread Your Wings and Fly!!”

BUTTERFLY Integrative Healing Arts

www.reikibutterfly.com